

# International prize

Application form 2021 edition





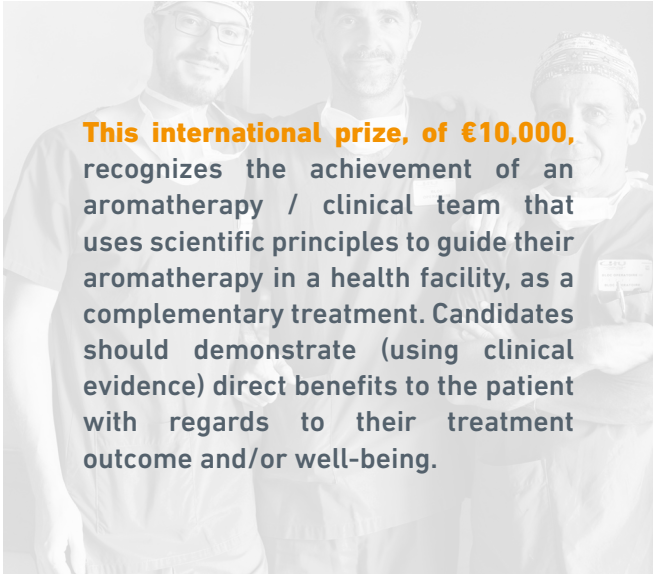
# INTERNATIONAL PRIZE 2021

## « Essential oils as a complementary therapeutic approach to healthcare »

The Gattefossé Foundation is a French corporate foundation created in 2008.

Its activity is non-profit, totally dedicated to actions of general interest. The mission of the Gattefossé Foundation is to contribute to raising awareness of the scientific principles of clinical aromatherapy and to promote health care establishments, medical teams that demonstrate the benefits of essential oils for human health.

Gattefossé Foundation acknowledges clinical teams that employ essential oils as a complementary therapeutic approach to healthcare with an international prize.



**This international prize, of €10,000,** recognizes the achievement of an aromatherapy / clinical team that uses scientific principles to guide their aromatherapy in a health facility, as a complementary treatment. Candidates should demonstrate (using clinical evidence) direct benefits to the patient with regards to their treatment outcome and/or well-being.



**The jury consists of 4 independent experts in clinical aromatherapy:**

- **Denise Joswiak** from the United States
- **Rhiannon Lewis** from France
- **Dr Wendy Maddocks** from New-Zealand
- **Dr Jacqui Stringer** from Great Britain

### THE MAIN CRITERIA TO JUDGE THE VALUE OF THE WORK ARE:

- The use of essential oils as a complementary approach to classical medicines;
- All aromatherapy treatments have been adapted to the patient population to guarantee their safety;
- The collection of clinical data is accurate and the study design permits evaluation of clinical evidence concerning patient benefits using the aromatherapy approach;
- That the aromatherapy service offers long-term prospects;
- Extra attention is given to innovative approaches that can be beneficial to the community/public interest.

**Please read the rules carefully to evaluate eligibility of your project in this document.**

**This application form should be completed and sent to**  
**[fondation@fondation-gattefosse.org](mailto:fondation@fondation-gattefosse.org) with all requested appendices.**

(for large files, please use cloud storage services : WeTransfer, Dropbox...)

**Deadline : January 31<sup>st</sup> 2021**

## MAIN APPLICANT:

Name: \_\_\_\_\_

Professional title: \_\_\_\_\_

Company/Hospital/Institution type: \_\_\_\_\_

Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Country: \_\_\_\_\_

ADD YOUR CV IN PDF FORMAT

## HEALTH ORGANISATION WHERE THE PROJECT WAS CARRIED OUT:

Name: \_\_\_\_\_

Company/Hospital/Institution type: \_\_\_\_\_

Country: \_\_\_\_\_

Website: \_\_\_\_\_

Manager name: \_\_\_\_\_

Manager's email: \_\_\_\_\_

ADD A SUPPORTIVE LETTER FROM THE MANAGEMENT TEAM OF THE HEALTH ORGANISATION  
WHO FACILITATED THIS PROJECT (ONE PAGE PDF FORMAT)

## PROJECT TEAM DESCRIPTION :

	Names	Organisations	Credentials	Role	Job	Title
1.	_____	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____	_____
3.	_____	_____	_____	_____	_____	_____
4.	_____	_____	_____	_____	_____	_____
5.	_____	_____	_____	_____	_____	_____

# PROJECT DESCRIPTION

## ORIGIN, MOTIVATIONS, BACKGROUND/RATIONALE

What was the rationale behind this aromatherapy approach? What clinical challenge did it address ?

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## CLINICAL APPLICATION PRESENTATION

Please write a brief summary to describe the design of your project, which includes:

- *Patient cohort*
- *Conditions to be managed*
- *Methodology*
- *Method of evaluation (validated questionnaire, photographs, objective (blinded) clinical assessment, physiological tests, etc)*

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## PROTOCOLS/METHODS

Describe how you select, store and handle your essential oils

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How did you administer essential oils to your patients for this project?

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ADD AT LEAST ONE PROTOCOL IN PDF FORMAT

How did you measure any benefits to the patient(s) from this treatment?

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How did you monitor safety?

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Who was responsible for collecting and analyzing this clinical data?

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How many patients have you enrolled?

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## CLINICAL RESULTS

What are the results of your project?

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ADD YOUR CLINICALLY RELEVANT INFORMATION E.G. GRAPHS, IMAGES, TABLES, REPORTS

## COMMUNICATION

Describe how you have shared your project in your organization e.g. posters, articles, workshops, presentations.

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IF APPLICABLE, PLEASE PROVIDE LINKS, PRESENTATIONS.

## PERSPECTIVES

If you win the prize from the foundation, what would you do with the prize money?  
Do you have other projects in mind? What is your vision for the next 5 years?

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## GATTEFOSSE FOUNDATION

How did you find out about this application? How did you learn about Gattefossé Foundation?

Have you previously achieved recognition for this or previous projects?  
Please explain

### SUPPLEMENTARY INFORMATION (if appropriate)



# INTERNATIONAL PRIZE RULES

## THE GATTEFOSSÉ FOUNDATION

### Article 1 – Purpose

The Gattefossé foundation is organizing a worldwide competition entitled the “INTERNATIONAL PRIZE” from the 18th September 2020 to the 31st January 2021.

This competition is intended to acknowledge the achievement of an aromatherapy / clinical team that uses scientific aromatherapy in a health facility, as a complementary treatment that clearly demonstrates (using clinical evidence) direct benefits to the patient with regards to their treatment outcome and/or well-being.

### Article 2 – Participation

This INTERNATIONAL PRIZE is open to applicants presenting the work achieved by a complementary therapies team composed of at least one qualified aromatherapy professional and one qualified person in health sciences (e.g. doctor, nurse, psychologist, physiotherapist...). A minimum of two years' experience of aromatherapy delivery in the same health facility is required.

The team should be working in a health institution setting for patients with clinical needs (e.g. hospitals, acute care settings, hospices, day care centers, elderly care centers, dementia units, mother and baby settings...).

A supportive letter from their management must accompany the application, which confirms that all necessary permissions have been obtained, with regards to applying for the award and the associated sharing of data required.

The work should present recent clinical data (gathered within the past 2 years) on specific symptoms or identified patient needs, using therapy-appropriate and validated assessment tools. The applicant should demonstrate a measurable benefit for the patient group with aromatherapy treatments based on a sound and scientific rationale.

The aromatherapy treatment itself / the essential oil formulations, need to be composed of single or well-defined mixtures of essential oils and not a commercial “off the shelf” preparation. The detail of essential oils used should be presented with their full botanical name and key biochemical information.

The applicant needs to share the full aromatherapy protocol used and have the necessary permission to have this information published if he/she wins the award – see article 6.

All countries – with the exception of France (there is a specific French award already in existence) – can participate in this INTERNATIONAL PRIZE. English language is mandatory: the application form and supplied documentation will be accepted only in English and the applicant should be sufficiently fluent to be able to present his/her work in English.

To participate in the INTERNATIONAL PRIZE, applicants must send the application form duly completed and providing the information requested along with a short video (max 5 min) to present the project to the Gattefossé Foundation.

Each candidate guarantees the accuracy and veracity of the information that he/she provides. Any inaccuracy or omission likely to lead to an incorrect judgement will render the application invalid. Any application that is illegible, incomplete or giving false identity or address details shall be considered void.

Participation in the INTERNATIONAL PRIZE implies full acceptance of these rules by each candidate and their implementation by the Gattefossé Foundation.



### **Article 3 – Selection process**

The jury consists of 4 independent experts in clinical aromatherapy:

- Rhiannon Lewis from France
- Dr Wendy Maddocks from New-Zealand
- Dr Jacqui Stringer from Great Britain
- Denise Joswiak from the United States

The main criteria to judge the work value are:

- The use of essential oils as a complementary approach to classical medicines;
- All aromatherapy treatments have been adapted to the patient population to guarantee their safety;
- The collection of clinical data is accurate and the study design permits evaluation of clinical evidence concerning patient benefits using the aromatherapy approach;
- That the aromatherapy service is well-established and offers long-term prospects;
- Extra attention is given to innovative approaches that can be beneficial to the community/public interest.

A maximum of 4 applications will be shortlisted by the jury. The shortlisted applications are those that best meet the selection criteria; candidates are reminded that application forms that do not satisfy the terms and conditions required in article 2 will not be examined.

After examining the shortlisted applications, the Jury will select 1 (one) prizewinner through a voting system.

The Jury reserves the right not to award a prize if it considers that none of the applications sufficiently meet the criteria defined in these rules. The prizewinner will be informed personally by e-mail with acknowledgement of receipt, as well as by telephone, within 7 (seven) days after the Jury has voted.

### **Article 4 – Award ceremony and commitment of the candidates**

The prize awarded to the winning institution is 10,000 euros.

It is expected that the prize will be used to contribute to the ongoing aromatherapy service within or associated with, the same institution.

The prize will be awarded at the location of the winning institution by a member of the Gattefossé Foundation and a member of the jury.

Candidates undertake to participate in public relations and communication activities (through the press or any other means) relating to the Gattefossé Foundation.

Candidates agree to mention “INTERNATIONAL PRIZE of the Gattefossé Foundation” in each public relations communication.

### **Article 5 - Confidentiality**

All information communicated by candidates regarding the INTERNATIONAL PRIZE is confidential. Candidates accept that this information may be disclosed by the Gattefossé Foundation for the purposes of communications in which candidates will be obliged to participate, in accordance with these rules.

### **Article 6 – Correspondence**

Any correspondence or request for information concerning the award must be addressed or submitted to: Gattefossé Foundation, Delphine MARCHAUD [dmarchaud@fondation-gattefosse.org](mailto:dmarchaud@fondation-gattefosse.org)